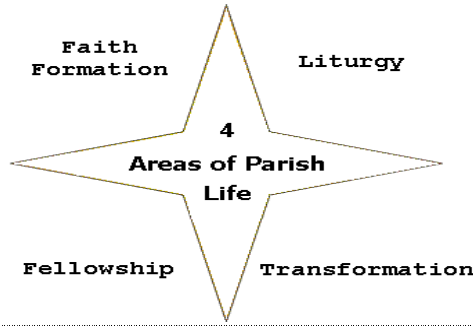





Our Lady of Victory
 490 Charles Street
 Gatineau, Québec
 J8L 2K5



St. Malachy
 3889 Route 315
 Mayo, Québec
 J8L 3Z8

SOLEMNITY OF THE MOST HOLY TRINITY
May 21 - 22, 2016

Sunday 9:00 AM	Celebration of the Eucharist	Saturday 7:00 PM
Pastor Father Albanus Ogowuihe Rectory 490 Charles Street, Gatineau, Québec, J8L 2K5 Secretary Monique Simpson Email olv@videotron.ca Office Hours Monday - 9:00 am - 12:00 pm Wednesday - 9:00 am - 11:00 am Thursday - 1:00 pm - 4:00 pm Telephone (819) 986-3763 Fax (819) 961-3159 Website www.stmalachyolv.com	 180, boul. Mont-Bleu Gatineau (QC) J8Z 3J5 www.diocesegatineau.org	

FOOD FOR THOUGHT

- Reading 1** Proverbs 8.22-31
Responsorial Psalm O Lord, our God, how majestic is your name in all the earth!
Reading II Romans 5.1-5
Gospel John 16.12-15

I shall have many things to say to you, but you cannot hear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you.

MASSES

Thursday	May 26th	OLV @ 10:00 am	NO MASS
Saturday	May 28th	St. Malachy @ 7:00 pm	John Sellers by Virginia and Family Rupert McCoy and Deceased Members of the McCoy Family by the Estate
Sunday	May 29th	OLV @ 9:00 am	André Bedard by Lyse and Michael Legault David Hayes by Mike Lawlis Mass of Thanksgiving by a Parishioner

WEEKLY RECEIPTS	OLV	ST. MALACHY
May 14 - May 15, 2016 - Sunday Collection	\$548.00	\$317.00

THE ARCHBISHOP'S MONTHLY PRAYER INTENTIONS: MAY 2016

“So that the struggling families receive the necessary support so that their children can grow up in a healthy environment, and that the practice of prayer can be learned and spread throughout the families, especially for evangelization and peace.”

Sunday, May 22nd, 2016: This Sunday of Holy Trinity, I reflect on my relationships with others; and I say a special prayer, either alone or with my family, for someone with whom I have most difficulty getting along with.

OTTAWA MARATHON SATURDAY, MAY 28TH 2016

Mgr. Paul-André Durocher will be participating in the Ottawa Marathon and all amounts received will be allocated to the Ministry to university students at the Université du Québec en Outaouais (UQO).

The Archdiocese of Gatineau is proud to announce the launching of a new project in collaboration with the Fabrique of St. Joseph, the community of Notre-Dame-de-Laurette and the Brothers of the Sacred Heart: the establishment of a chaplaincy for students attending UQO.

The project, which will start in September 2016, will be hosted in Notre-Dame-de-Lorette Church, a few blocks away from the principal campus of UQO. It will be a place to meet and to find support and accompaniment for those young adults who want it. In order to implement this project, the Archdiocese **must ensure** the salary of a lay pastoral associate, about \$35,000 a year. You can help the Archbishop ensure this service by sponsoring him during his 10 kilometre run on Saturday, May 28. Thank you for your generous support. Contributions can be made by logging onto the following diocesan site: www.jedonneenligne.org/diocesegatineau

Father Albanus' Reflections on the Sunday Liturgy

Trinity Sunday

Today's feast invites us to live in the awareness of the presence of the Triune God within us: the Father, the Son and the Holy Spirit. The mystery of the most Holy Trinity is a doctrine enunciated by the Ecumenical Councils of Nicaea and Constantinople. It is a basic doctrine of Faith in Christianity, understandable not with our heads but with our hearts. It teaches us that there are three distinct Persons in one God, sharing the same Divine Nature. The Trinity does not suggest that we are 'tri-theists' (believing in three gods) or that we are 'modalists' (believing that the Father, Son and Holy Spirit are simply different appearances taken on by God in various stages of history). Instead, we believe that there is only the One God, revealed in salvation history and existing as the Trinity, a community of three Divine persons. God is not a lonely old man but he is a 'family'. He is the model of unity for all people and the model of community among people.

Our mind cannot grasp this doctrine which teaches that $1+1+1 = 1$ and not 3. But we believe in this Mystery because Jesus who is God taught it clearly, the Evangelists recorded it, the Fathers of the Church tried to explain it and the Councils of Nicaea and Constantinople defined it as a dogma of Christian Faith. The importance of this doctrine for the Christian life cannot be overemphasized. All prayers in the Church begin in the Name of the Holy Trinity and end glorifying the Trinity. All Sacraments are administered (we are baptized, confirmed, anointed, our sins are forgiven and our marriage blessed and our Bishops, priests and deacons ordained) in the name of the Holy Trinity. Church bells ring thrice daily, reminding us to pray to the Holy Trinity. We bless ourselves, and the priest blesses us, in the name of the Holy Trinity.

Any biblical proofs? There are only vague and hidden references to the Trinity in the Old Testament. But the New Testament gives clear teachings on the Holy Trinity. At the Annunciation, God the Father sends His angel to Mary, God the Holy Spirit overshadows her and God the Son becomes incarnate in her womb. At the baptism of Jesus, when the Son receives baptism from John the Baptist, the Father's Voice is heard and the Holy Spirit appears as a Dove. At the Ascension, Jesus gives the missionary command to his disciples to baptize those who believe, in the name of the Father, Son and Holy Spirit. In John, chapters 15-18, we have a detailed account of Jesus' teaching of the role of each Person of the Holy Trinity: God the Father creates and provides for His creatures; God the Son redeems us and reconciles us with God; God the Holy Spirit sanctifies us, strengthens us, teaches us and guides us to God.

Any lessons from the Trinity? We ought to respect ourselves and others because everyone is the temple of the Holy

Spirit where all the Three Persons of the Holy Trinity abide. Let us have the firm conviction that the Trinitarian God abides in us, that He is the Source of our hope, courage and strength and that He is our final destination. He is not one in a far- away heaven where he does not care about our joys, sufferings, problems or anxieties. He is "God with us," the God who stands at our side every day, to the end of time. Let us practice the Trinitarian relationship of love and unity also in the family relationships of father, mother and children because by Baptism we become children of God and members of God's Trinitarian family.

We are called to become more like the Triune God through all our relationships. We are made in God's image and likeness. Just as God is God only in a Trinitarian relationship, so we can be fully human only as one member of a relationship of three partners. The self needs to be in a horizontal relationship with all other people and in a vertical relationship with God. In that way our life becomes Trinitarian like that of God. Modern society follows the so-called "I-and-I" principle of unbridled individualism and the resulting consumerism. But the doctrine of the Blessed Trinity challenges us to adopt an "I-and-God-and-neighbor" principle: "I am a Christian insofar as I live in a relationship of love with God and other people." Like God the Father, we are called upon to be productive and creative persons by contributing to the building up of the fabric of our family, our Church, our community and our nation. Like God the Son, we are called upon to reconcile, to be peacemakers, to put back together that which has been broken, to restore what has been shattered. Like God the Holy Spirit, it is our task to uncover and teach truth and to dispel ignorance. Are our communities signs of this presence of God in the world for those who suffer, for those who go wrong, and for those who are poor?

The grace of our Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all. Amen.

Happy Trinity Sunday!

Fr. Albanus Ogowuihe

Prayers and Sympathy: Please pray for the repose of the soul of Stephen Cameron. Our sympathy and prayers are with his family and friends during this time of loss.

CELEBRATION AT OUR LADY OF THE ANNUNCIATION

An Anniversary Celebration Mass will be held on June 5th 2016 at 9:00 am to celebrate:

Founding of Parish – 65 Years
Father Lomer Rooney's Ordination – 40 Years
Father Lomer Rooney's Birthday – 70 Years

Main celebrant Archbishop Durocher with Pastor Fr. Lomer.
Refreshments will be served after mass. Everyone welcome.

OLV CHURCH HALL RENTALS

Contact: Mike Legault at 819-281-4870